

Tony Scarlett

I was born and raised in London, England where I first became interested in sports which included track and field, rugby and soccer. I later played Semi-Pro Soccer and American Football, and as an athlete, always strived to be the best I could be.

In order to better understand the human form, and to improve my performance on the field, I entered into the physical training profession. I received my degree in Kinesiology and used that to design and develop my personal training programs and business.

My knowledge and hard work paid off in the form of 3 British and 2 European Championships with the London Olympians American football team.

After retiring from football, I continued my personal training business and also worked for NFL Europe in their junior player development program. Working with young athletes helping to improve their football skills, speed & agility, led me to the realization that this is what I wanted to do in the long term.

In 2005 I married my wife, Shannon, and moved to Las Vegas, and since then, I have coached high school football, youth football, soccer and even an all Women's Tackle Football team. I have had several speed and agility clients that have excelled in their respective sports.

I love what I do. It is very fulfilling to see the improvement in each of my clients and to watch their athletic talents unfold. Some clients I have had from the age of 5 years old when they could barely walk in a helmet, and now are playing varsity football and killing it on the field.

It is my goal to help any athlete that has the heart and desire to excel in their sport, and I promise to give them the most innovative, results driven coaching possible to achieve success and respect in their field.